



2026 Pre-Season CAPTAINS MEETING



Agenda

- ASL Structure - Registrations
- Captains App – Games and Refs and Schedules
- Player Cards and Ref Fees
- Fields Information, Parking, Lights, etc.
- Discipline Procedure
- Field Cancellation Policy and Make up Games
- BBQ!, Smoking Regulations, etc.



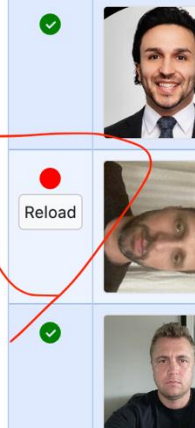
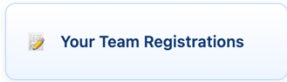
ASL STRUCTURE

- O30 – 12 teams
 - 11 weeks qualifying round
 - Two divisions, one round of regular season: 5 weeks
 - Two more weeks of regular season, 2 extra games per team
 - Two weeks of play offs
- O45 – 9 teams
 - 9 weeks of regular season – two rounds total 18 weeks
 - 2 weeks of play offs
- O50 – 4 teams
 - 18 weeks of regular season
 - 2 weeks of play offs
- Women – 4 teams (possibly more)
 - 12 weeks of regular season
 - 2 weeks of play offs (ends on Aug 31st)
- Pickup + Masters: 20 weeks



CAPTAINS APP

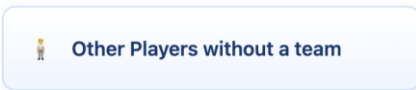
- Only available to captains: <https://captains.aurorasoccerclub.com>



If a player picture is not valid, it is captain's responsibility to contact them and have them change their picture.

Instructions are in a link in captains app.

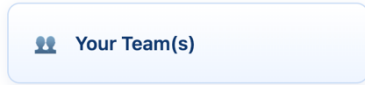
After they changed the picture, use RELOAD button to see the new picture. If it is valid, contact ASL so they can be rostered.



Use this page to see if you are interested to pick available players that don't have a team. They contact information is in this page



CAPTAINS APP - Continued



If your team logo or jersey colors are not correct, contact ASL with correct information so they can be updated.

You can use the COPY icon beside the EMAIL header to copy the emails of all your team players. This makes it easy to send an email to all your players quickly, by pasting it in your email client TO section.



Jersey #	Position	Actions
-	M	Edit

Jersey #	Position	Actions
<input type="text"/>	Midfield	Save Cancel

Use EDIT button on each player to update their position and jersey numbers. This will reflect your game sheets.

CAPTAINS APP - Continued



 Your Games

Status ⓘ

SCHEDULED ●

SCHEDULED ●

COMPLETED ●

NOT_IN_SE ●

Actions ⓘ

Game Sheet

Score

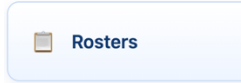
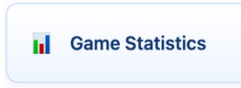
Tue Apr 21 7pm (ASC) **AWAITING**

- Home Captain: 4 - 2
- Away Captain: -

Thu Apr 9 7pm (ASC) **Awaiting ASL to confirm scores**

- Different STATUS for games. What do they mean...
- Print GAME SHEETS on the day of the game or a day before
- SCORE you games within 72 Hours after the game.

CAPTAINS APP - Continued



Rosters

League

✓ Select a League

- O30
- O45
- O50

League

O30

Team

Select a Team

Copy League Captains Emails

League

O30

Team

Aurora FC

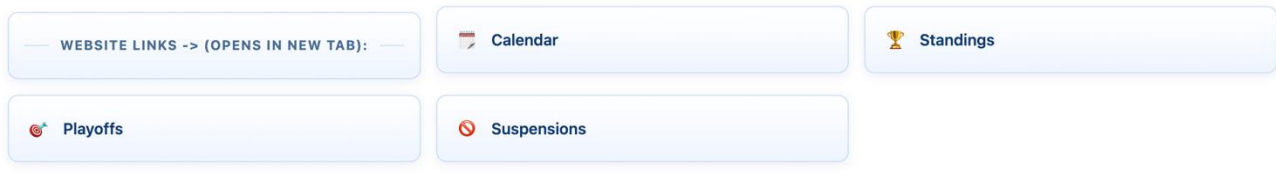
Copy League Captains Emails

Copy Team Captains Emails

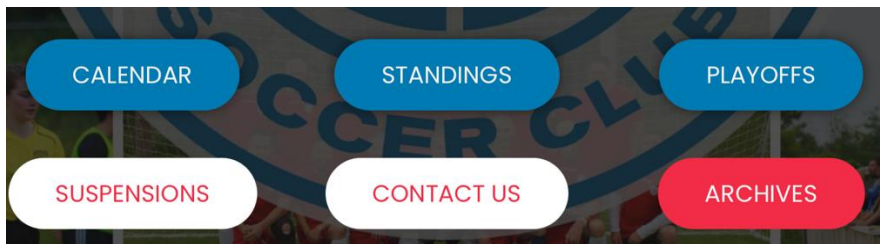
- View your league's rosters
- View lower leagues to look for call ups *Call ups must be penciled-in at the end of your game sheets.
- Copy emails of all captain in a league or captains of a particular team



CAPTAINS APP - Continued



<https://aurorasoccerclub.com/soccer/>



- Publicly available for players and captains



ASL – Continued (O30)

- Qualifying Round: May 17th to July 31st, 11 weeks
- Based on Standings, O30 will be divided into two divisions (Div1 and Div2)
- Regular Season, One Round: Aug 2nd to Sep 4th
- Two more games per team before playoffs.
- Playoffs: Sep 20th to Oct 2nd.
 - Top 4 teams of Div 1 go to CUP playoffs
 - Middle 4 teams of Div 1 and Div 2 go to Shield playoffs
 - Bottom 4 teams of Div 2 go to Vase playoffs



ASL – Continued (O45)

- Regular Season Round 1: May 17th to July 18th, 9 week
 - Every team get one bye during this 9 weeks
- Regular Season Round 2: July 19th to Sep 19th, 9 week
 - Every team get one bye during this 9 weeks
- Playoffs: Sep 20th to Oct 2nd.
 - Top 4 teams of Div 1 go to CUP playoffs
 - #8 and #9 in standings play on game as “Play-In”. The winner goes to Shield playoffs
 - #5 to #7 (3 teams) along with the winner of Play-In game start Shield playoffs



ASL – Continued (O30)



SEMIFINALS O45 CUP FINAL

S1	
Sep 21 9pm	MON Week 1
1st	
4th	

S2	
Sep 22 7pm	TUE Week 1
2nd	
3rd	

F	
Sep 29 7pm	TUE Week 2
Winner of S1	
Winner of S2	

QUARTERFINALS

PLAY-IN	
Sep 21 7pm	MON WEEK 1
#8	
#9	

O45 SHIELD SEMIFINALS

S1	
Sep 28 7pm	MON WEEK 2
#5	
Winner of Play-In	

S2	
Sep 24 7pm	THU WEEK 1
#6	
#7	

FINAL

F	
Oct 01 7pm	THU WEEK 2
Winner of S1	
Winner of S2	



Player Cards and Ref Fees

- Captains: Check other teams' rosters in captains app. They include player pictures.
- All registered players will receive a Player Card. Captains will have a full set of player cards for their team.
- The Player card will have
 - Name, photo, DOB, Div
 - Cards will be required at each game.
 - Coaches can check the other team's roster and player cards if necessary.
- New registration deadline – Every week, Monday 4pm.
- O45 and O50 Ref fees are paid by the club. For the games that are not in ASC, Money will be sent to each captain ahead of time.
- O30 and Women pays the ref themselves. The estimated ref fee published on the web site was based on last years' games and in some cases; it did not match to current number of teams. Please calculate your total ref fees based on your number of games.
- Pay attention to your game sheet. Exact amount is printed on every game sheet.
- Always bring cash and pay the refs before the game starts.



Ref Fees - continued

O30 Example:

Teams pay the ref (cash). \$90.00 center,
\$65.00 each line Each team pays
\$110.00

O45 Example:

ASC pays the ref. \$80.00 center, \$45.00
each line

Women Example:

Teams pay the ref (cash). \$70.00 center,
\$45.00 each line Each team pays \$80.00



**Always have \$5 bills in hand to pay lines ref the exact amount.

Fields

- ASC
- Sheppard's Bush
- Barbarians
- Fleury
- Thelma (St. Anne's)
- GW

We are going to post full instructions in Captains App and send it to all players.



Discipline

- Aurora Soccer League Discipline Policy is published on the Club website
 - [Policies - Aurora Soccer Club](#)
- We follow the OSA guidelines found in [Judicial Matters Polices and Guide – Discipline Policy](#) including Standard Penalties for Misconduct
- Discipline will be strongly enforced with Zero tolerance to violent conduct and abuse of Officials
- Violent conduct could result in forfeiture of a game, Player expulsion from the ASL.
- Suspensions must be served and Fines paid in full before a player can return to play. Suspension and fines do carry over to the next season.
- Suspension are not automatic and are determined either by discipline by review (DBR) or discipline by hearing (DBH) based on the forms submitted by the match officials.
- A suspension may not be the player's next game. Please wait for a suspension notification or check the suspension web page.
- If a player is suspended the team AND opposing teams will be notified via email of the details (Player and the game(s) affected)
- All money collect for discipline fines is donated to charity



Discipline - 2025 Review

- Dismissals (Red Cards)
 - 23 total (20 O35, 3 O45)
 - 2024 had 25 total (21 O35, 4 O45)
- Suspensions
 - 23 total: 1 game (11), 2 game (4), 3 game (7), **11 game (1)**
 - 51 games total
 - Top Teams: Sporting FC (4), Markville (4), Red Thread (3), Dragons FC (3)
- Suspensions Comparison to 2024
 - 25 total: 1 game (10), 2 game (6), 3 game (7), 6 game (2)
 - 55 games total
 - Top Teams: Red Thread (5). Sporting FC (3)



Discipline - 2026

- We hope to continue to see a reduction in suspensions in 2026
- Education and awareness like this discussion tonight
- Captains/Managers passing the message on to their players
- We will use previous year's records to determine players who are repeat offenders for possible exclusion from the league
- We will track yellow cards and issue suspensions for accumulation as per OSA misconduct guidelines. Note 2 YC in a game counts a RC not 2 YCs.
- 5 YC - 1 game, 7 YC - 1 game, 8 YC - 2 games, 9 YC - 2 games, 10 YC - suspended rest of season



Field Cancellation Policy and Make up Games

- Any field cancellation decisions will be made no later than 4:30pm of game day.
- An email will be sent to the affected Team Coaches.
- Make up games will be scheduled ASAP with the first field we have available.
- Make up games will be scheduled based on field availability. NO guarantee on particular nights. Depending on the week, it might fall on Fridays or Weekends!



BBQ, SMOKING, etc.

- Leave a player card to use the BBQ
- Check the tray before and after use for grease overflow. Clean it if necessary to avoid fire!
- Smoking is only allowed in designated areas. Captains are responsible and the club reserves the right to impose fines.

